


# THE PRESS

Bar - Tapas - Grill

## TAPAS + STARTERS

<b>CURRIED VEG SAMOOSAS (V)</b> With a sweet chilli dipping sauce	<b>R85</b>
<b>JALAPEÑO POPPERS (V)</b> Stuffed & crumbed pickled jalapeños, fried & served with a spicy tomato relish	<b>R85</b>
<b>MEZZE PLATTER (SHARING PORTION) (V)</b>  Falafel, hummus, tehina, matbucha, olives, spiced pickled carrots, tapenade, beetroot dip, toasted pita	<b>R195</b>
<b>HUMMUS PLATE (SHARING PORTION) (V)</b> Falafel, hummus, tehina, caramelised onion, fried mushrooms and crispy wrap wedges	<b>R150</b>
<b>DIRTY FRIES (SHARING PORTION)</b> Hot fries loaded with pulled beef, BBQ sauce, garlic aioli, chipotle mayo, pickled red onion & candied jalapeños (Veg option available)	<b>R145</b>
<b>BEER-BATTERED ONION RINGS (V)</b> With a 1000 Island dressing	<b>R75</b>
<b>MOROCCAN CIGARS</b> Moroccan spiced mince wrapped in phyllo, deep fried, and served with tehina	<b>R105</b>
<b>MUSHROOM RISOTTO BALLS (V)</b> With chipotle mayo	<b>R75</b>

## HEARTY + DELICIOUS

With fries, salad **or** pan seared veg, unless otherwise stated. Steaks are aged and flame-grilled with our in-house rub or basting on request.

<b>RIBEYE STEAK</b>	<b>200G - R350</b>	<b>400G - R610</b>
<b>SLICED FLAT STEAK</b>		<b>500G - R625</b>
<b>LAMB RIBS</b>	<b>500G - R495</b>	<b>1KG - R750</b>
<b>WINGS MAIN</b> 9 chicken wings served hot, mild or BBQ		<b>R225</b>
<b>CRUMBED CHICKEN SCHNITZEL</b> Fried until golden and served with garlic aioli		<b>R260</b>
<b>CHICKEN SHISHLIK</b> Two flame-grilled deboned thighs marinated in authentic Middle Eastern spices		<b>R265</b>
<b>SEARED SALMON 200G</b> Served your way, with fries and veg		<b>R350</b>
<b>SEARED TUNA 300G</b> Subject to availability, with fries and veg		<b>R350</b>
<b>CHINESE CHICKEN STIRFRY</b> Stir-fried fresh veg and filleted chicken in a ginger, sesame and soy marinade, served with noodles		<b>R255</b>

## BURGERS + PREGOS

180g flame-grilled beef patty with a choice of pickled slaw **or** fries.  
+R50 to swap to a grilled chicken breast or to supersize to 270g patty.

<b>SIMPLE SIMON</b> Lettuce, tomato and onion	<b>R155</b>
<b>THE ALL AMERICAN</b> Lettuce, tomato, onion, pickles & 1000 Island dressing	<b>R185</b>
<b>THE PORTUGUESE</b> Rocket, caramelised onion, jalapeño relish & red pepper mayo	<b>R185</b>
<b>THE MOTHER HEN</b> Crumbed chicken fillet, beer battered onion rings, & rocket, with spicy cayenne mayo	<b>R265</b>
<b>NO MISTEAK PREGO ROLL</b> 150g prego steak with caramelised onion, jalapeño relish, rocket & red pepper mayo	<b>R210</b>
<b>THE DIRTY BRISKET SMASH</b>  2 smash patties with a crispy hash brown, brisket, caramelised onion, tomato chutney, & rocket, finished with smoky chilli mayo	<b>R220</b>
<b>THE BORAT (V)</b> Vegan 'beef' patty with your choice of: Simple Simon, Portuguese or All American toppings	<b>R185</b>
<b>NO FOWL PLAY (V)</b> Crumbed 'chicken' patty with your choice of: Simple Simon, Portuguese or All American topping Mother Hen topping	<b>R190</b> <b>R220</b>
<b>MARY'S FRENCH DIP</b> 180g Pulled lamb with red onion, roasted peppers, rocket, mint mayo, and a lamb jus for dipping	<b>R250</b>

## ADD + ENJOY

Add a 'lil something to your meal to make it your own

<b>ADD ONS</b>	
Brisket	<b>R75</b>
Avocado	<b>R40</b>
Fried Egg	<b>R15</b>
Hashbrown	<b>R15</b>
Grilled Chicken Breast	<b>R75</b>
<b>SAUCES</b>	<b>R40</b>
Chimichurri, mushroom or pepper	

## SWEET + SOULFUL

<b>ICE CREAM &amp; CHOCOLATE SAUCE</b>	<b>R80</b>
<b>APPLE PIE NACHOS</b> Cinnamon sugar dusted nachos topped with warm apple pie filling, ice cream and drizzled with chocolate	<b>R105</b>
<b>CHOCOLATE FONDANT</b> Decadent dark chocolate cake with a molten centre served with ice cream	<b>R105</b>

NO SPLIT BILLS, BUT YOU'RE WELCOME TO PAY SEPARATELY  
CORKAGE SQ | WE ARE NOT ALLERGEN FREE

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## BRIGHT + EARLY

Start your day right, served until 1pm

### FULL BREAKFAST

R155

Two fried eggs, brisket, grilled tomato, sautéed mushrooms and breakfast sausage with two slices of toast

### HALF BREAKFAST

R85

Two fried eggs, grilled tomato, sautéed mushrooms and two slices of toast

### SCRAMBLED EGGS

R75

Three scrambled eggs with grilled tomatoes and two slices of toast

Add salmon or brisket

R65

### OMELETTES

R75

Three egg omelette, with grilled tomatoes and two slices of toast

Add tomato or basil pesto

Add sliced olives

Add mushrooms or caramelised onions

R20

R25

R25

### BREAKFAST WRAP

R140

Filled with scrambled eggs, rocket, basil pesto, grilled marrows, tomato and caramelised onion

### LOADED HASH BROWNS

R130

Two hash browns loaded with smashed avo and pickled onions, served with scrambled eggs and tomatoes

### FRENCH TOAST


R105


Coated in a layer of corn flakes with a side of cinnamon and sugar and topped with syrup

## STAY IN TOUCH

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## LIGHT + LUNCHY

Leisurely or working lunch, until 3pm

All wraps are served with fries or pickled cabbage slaw

### FALAFEL

R130

Hummus, tehina, falafel, shredded cabbage, lettuce, pickled brinjal and a side of hot chilli

### CHICKEN SHAWARMA

R185

Hummus, tehina, chicken shawarma, lettuce, Israeli salad, shredded cabbage, and a side of hot chilli

### CHICKEN

R185

Basil pesto, garlic aioli, lettuce, rocket, red onions, and a side of chimichurri

### SMOKED SALMON

R185

Smoked salmon ribbons with rocket, lettuce, onions, capers and dill mayo

## LEAFY + FRESH

Delicious all day long

### THE PRESS

R105

Mixed greens with olives, baby tomatoes, cucumbers, peppers and onions

### CHINESE CHICKEN SALAD

R210

Shredded red and white cabbage, julienne carrots, baby spinach, sunflower and sesame seeds, avo, and sliced chicken with a ginger soy dressing

### POWER BOWL

R145

Bulgar wheat topped with pan-seared veg, rocket, avo, pumpkin and sunflower seeds and a tehina dressing

### LA TRIBUNE NICOISE

Mixed greens with boiled egg, green beans, olives, baby potatoes, tomatoes, onions and croutons

Topped with either:

Tuna

R155

Grilled Chicken Breast

R170

## NEED A VENUE OR PRIVATE CATERING?

Whether you're hosting a special event, a Shabbat meal with loved ones, or a corporate celebration, get in touch and let's make magic.



Justine & The Press Team